Practical Trigger-Action Programming in the Smart Home





Blase Ur

Elyse McManus Melwyn Pak Yong Ho Michael L. Littman



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Programming a Smart Home

Traditional programming languages

classNotFoundExcepti

Class.forName("com.m" String url = "jdbc:m"

Connection con = DriverManager.get

App store



End-user programming (e.g., "trigger-action")



Programming image Creative Commons by Kevin Spencer on Flickr. House image copyright Microsoft Research HomeOS team.

How do we make trigger-action programming in the smart home practical? (...and should we?)

Approach

Study 1: Desired smart-home behaviors

Study 2: Real-world IFTTT.com programs

• Study 3: Trigger-action usability

Study 1: Desired Behaviors

"Imagine that you have a home with devices that are Internet-connected and can therefore be given instructions on how to behave. What are five things you would want your home to do?"

- 318 U.S. MTurkers compensated \$0.45
 - Ages 18–70 (median 25), 69% male
- Two coders classified each behavior

Programming?

- Over half of behaviors were programming
 - e.g., "I would like my home to automatically clean the floors on a daily basis while no one is in the room"
- Remaining behaviors:
 - Remote operation
 - Automatic adjustments
 - Specialized functionality



Triggers' Level of Abstraction

- 31 triggers were sensors in the engineering sense (e.g., doorbell, light, moisture)
- 26 triggers were activities / states (e.g., "when I pick up my toothbrush")
- 14 triggers required complex decision making
 - "I would like to be notified when my pool chemicals drop lower than normal"
 - "Turn off the air conditioning when it senses I'm cold and shivering at night"
 - Hunger, cooked, dirtiness, discomfort

Combinatorics



Study 2: IFTTT Analysis thisthenthat

Choose Trigger Channel step 1 of 7

Showing Channels that provide at least one Trigger. View all Channels

search



 Scraped all 67,169 programs shared publicly on IFTTT.com by 35,295 different authors



Combinatorics (Actions)



Study 3: Usability Test

- We built an interface styled after IFTTT.com
 - Simple version: 1 trigger, 1 action
 - Complex version: 2+ triggers, 2+ actions



Study 3: Usability Test

- Participants tried to program 10 tasks:
 - 6 could be solved with either interface
 - 2 could not be solved
 - 2 could be solved with complex interface
- 226 U.S. MTurkers compensated \$2.00
 - Ages 18–67 (median 30), 47% male
 - 72% had no prior programming experience

Most tasks solved by 80%+ of participants



Most tasks solved by 80%+ of participants



"Turn on the lights when the sun sets." (D)

Most tasks solved by 80%+ of participants



"The lighting in my bedroom should be on when I am there and off when I am not there." (G)

Most tasks solved by 80%+ of participants



"If it is 10:00pm and my bedroom door is closed and the lights are off, turn the television off." (I)

- Examined correlation between demographics and success / time
- Older participants less successful and took longer than younger participants
- Prior programming experience and gender not significant factors

Significant learning effect



Number of tasks previously attempted

Significant learning effect



Number of tasks previously attempted

Significant learning effect



Number of tasks previously attempted

Limitations

- Did not investigate any competing approaches to smart-home programming
- Hypothetical smart home
- IFTTT and MTurk communities are self-selected early adopters (not necessarily generalizable)

Conclusions

- Most desired behaviors involved programming
- Triggers with complex decision making
- Diversity of behaviors \rightarrow end-user programming
- Participants 80%+ successful on most tasks
 - Including non-programmers
 - Including multiple triggers / actions

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